



Lakeway Regional Medical Center

Dr. Carl Lauryssen at Lakeway Regional Medical Center Performs First Spinal Implant of PRESTIGE[®] LP Cervical Disc System in Austin

Patient First in Central Texas to Receive FDA Approved Disc

LAKEWAY, TX – October 12, 2015 – Lakeway Regional Medical Center today announced that NeuroTexas’ surgeon Dr. Carl Lauryssen became the first neurosurgeon in Austin to implant the PRESTIGE[®] LP Cervical Disc System successfully in the spine of Patrice Lancaster, a 47 year-old personal trainer and gym manager. The PRESTIGE[®] LP Cervical Disc System was approved just over a year ago by the U.S. Food and Drug Administration (FDA) for use in the United States. Dr. Lauryssen, a board-certified neurosurgeon with NeuroTexas, is the only surgeon in Austin to have implanted this cervical device in a patient.

Dr. Lauryssen’s research and surgical focus is on minimally invasive surgery and motion preservation for his patients. Surgery that involves the use of a replacement artificial disc treats cervical disc disease, which may relieve the symptoms of a nerve root or spinal cord compression caused by the damaged disc or bone spurs. The procedure is intended to restore motion directly at the injured disc level.

Ms. Lancaster, who lives in Abilene, sought out Dr. Lauryssen’s expertise with the hope of finding a solution to the ongoing weakness and numbness that began in her neck and eventually traveled down her left arm. Initially, Ms. Lancaster experienced significant pain in April, and, following an MRI several weeks later, was told by doctors in Abilene that she had a ruptured disc and pinched a nerve.

“Within a month, the pain was so excruciating that I could not even lift a 10 pound weight,” shared Lancaster, who earns a living as both a personal trainer and manager of a gym in Abilene. “The pain and paralysis progressed rapidly, and, by July 15th, I couldn’t lift any weights or even

button any buttons. The numbness was so bad that I was dropping silverware and glasses.” Given undesirable options to help her situation, Ms. Lancaster did her own research and found Dr. Lauryssen at Lakeway Regional Medical Center.

“When I saw that there was a clinical trial open at Lakeway Regional Medical Center, I immediately contacted the team,” said Ms. Lancaster. “While the clinical trial didn’t fit for my circumstance, Dr. Lauryssen suggested that I make the trip to Austin so we could explore the possibilities of relieving my pain and paralysis. Traveling from Abilene to Austin was well worth the trip to gain movement and eventually get back to work.”

Upon examining Ms. Lancaster, Dr. Lauryssen quickly determined that the PRESTIGE® LP Cervical Disc System was a viable option.

“My philosophy is to find a minimally invasive way to provide patients with greater movement and free them from pain and; in this case, paralysis,” said Dr. Lauryssen. “Ms. Lancaster was the perfect candidate for the Prestige. The surgery was quick; the disc was inserted through a small opening in her neck, and Ms. Lancaster was able to leave the hospital the same day. In just a few short weeks, she has done tremendously well – with increased movement and reduced pain.”

“Lakeway Regional Medical Center is proud to be a destination hospital for people seeking solutions to their complex spinal conditions,” said Philippe Bochaton, CEO of Lakeway Regional Medical Center. “We have recruited experienced, board-certified surgeons who determine the most conservative and evidence-based options for their patients. In this case, Dr. Lauryssen was able to perform a first of its kind cervical implant surgery at our hospital using available state-of-the art navigation and imaging technologies. It is truly exciting to work with these surgeons and offer the highest standards of care for the best possible outcome for their patients.”

About Lakeway Regional Medical Center

Lakeway Regional Medical Center (LRMC) is a state-of-the art medical campus dedicated to the delivery of world-class healthcare. LRMC provides services in emergency medicine, neurosurgery, orthopedics, neurology, cardiology, general surgery, gastroenterology, women’s health. For more information about LRMC, visit lakewayregional.com or call 512-571-5000.